RM i klassisk styrkelyft

14-15 augusti 2010 i Umeå

Arrangör : Umeå Power

Tävligssekreterare : Hans-Olov Boström

Kategori : Herrar

							Knäböj				Bänkpress				Marklyft						
Lic-nr	Pl	Vikt	Klass	Förnamn	Efternamn	Klubb	1	2	3	Godk	1	2	3	Godk	1	2	3	Godk	Totalt	Koeff	Poäng
770823	1	74.30	75	Christoffer	Widegren	Göteborgs SK	165.0	172.5	~~177.5~~	172.5	135.0	140.0	~~145.0~~	140.0	225.0	240.0	255.0	255.0	567.5	0.7173	407.068
771113	2	74.80	75	Tommy	Lindqvist	Jokkmokks SLK	150.0	~~157.5~~	~~157.5~~	150.0	110.0	~~112.5~~	112.5	112.5	215.0	220.0	~~240.0~~	220.0	482.5	0.7139	344.457
820222	3	70.05	75	Mattias	Hållström	Umeå Power	140.0	155.0	160.0	160.0	107.5	~~115.0~~	~~115.0~~	107.5	200.0	~~210.0~~	~~215.0~~	200.0	467.5	0.7486	349.971
820923	1	89.25	90	Kristian	Sewen	Extreme Power	205.0	215.0	~~222.5~~	215.0	140.0	145.0	150.0	150.0	250.0	265.0	272.5	272.5	637.5	0.6410	408.638
811209	2	88.15	90	Petter	Jonsson	Kalmar AK	187.5	195.0	205.0	205.0	152.5	160.0	~~165.0~~	160.0	250.0	265.0	~~272.5~~	265.0	630.0	0.6451	406.413
880823	3	85.75	90	Daniel	Larsson	Simrishamns AK	180.0	190.0	~~195.0~~	190.0	150.0	160.0	~~165.0~~	160.0	255.0	265.0	~~270.0~~	265.0	615.0	0.6549	402.764
880420	4	88.05	90	Jimmy	Karlsson	Göteborg KK	195.0	~~205.0~~	205.0	205.0	142.5	150.0	~~155.0~~	150.0	245.0	~~260.0~~	260.0	260.0	615.0	0.6455	396.983
620320	5	89.15	90	Anders	Andersson	Svalövs AC	200.0	220.0	~~227.5~~	220.0	130.0	137.5	142.5	142.5	225.0	~~250.0~~	250.0	250.0	612.5	0.6413	392.796
860828	6	89.60	90	Kristofer	Lundström	Sundbybergs TK	180.0	190.0	200.0	200.0	150.0	160.0	~~165.0~~	160.0	220.0	240.0	~~257.5~~	240.0	600.0	0.6398	383.880
880208	7	87.10	90	Jan	Andersson	Luleå AK	180.0	185.0	190.0	190.0	122.5	~~127.5~~	~~127.5~~	122.5	245.0	255.0		255.0	567.5	0.6495	368.591
820827	8	86.20	90	Christoffer	Lindmark	Umeå Power	180.0	~~195.0~~		180.0	135.0	~~140.0~~	~~140.0~~	135.0	250.0	~~272.5~~	~~275.0~~	250.0	565.0	0.6532	369.058
670720		88.75	90	Fredrik	Andersson	Extreme Power	~~150.0~~	~~157.5~~	~~157.5~~											0.6428	

Huvud-Domare	Sido-Domare	Sido-Domare	Tävlingsledare-Speaker
Bok-nr	Bok-nr	Bok-nr	Bok-nr